

Hopelands Menu Autumn/Winter 2011-2012

week commencing	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 31/10/11 21/11/11 12/12/11 16/1/12 6/2/12 05/03/12 26/03/12	Spaghetti with Meatballs in Tomato Sauce or Roasted Vegetable Crumble with Herby Bread or Baked Bean Jacket Potato ----- Peas & Organic Carrots Sweetcorn ----- Apple Shortbread with Drizzled Icing	Beef Tortilla Stack or Spaghetti with Roasted Vegetables in Tomato Sauce or Cheese Jacket Potato ----- Broccoli Mixed Veg ----- Choc Pudding with Choc Custard	Roast Gammon or Bean & Cheese Yorkshire Pud or Tuna Jacket Potato ----- Cauliflower Cabbage Roast Potatoes ----- Jelly with Fruit Slices	Creamy Chicken Pie & Potatoes or Macaroni Cheese or Gammon & Mayo Jacket Potato ----- Sliced Green Beans Organic Carrots ----- Fruit Crumble & Custard	Cod in Wholemeal Crumb (MSC) or French Bread Pizza or Egg & Cress Salad ----- Peas Baked Beans Chips ----- Fruit Flapjack
Week 2 07/11/11 28/11/11 19/12/11 02/01/12 23/01/12 20/02/12 12/03/12	Cheese & Tomato Pizza or Vegetable Curry & Rice or Baked Beans Jacket Potato ----- Coleslaw Sweetcorn ----- Viennese Tart & Custard	Chicken Korma & Rice or Vegetarian Ravioli & Crusty Bread or Tuna Jacket Potato ----- Organic Carrots Mixed Veg ----- Fruit Sponge & Custard	Roast Turkey or Veggie Bangers or Chicken Mayo Jacket Potato ----- Broccoli Organic Carrots Roast Potatoes ----- Rice Pudding & Jam Sauce	Pasta Bolognese with Garlic Bread or Vegetable Chilli Casserole with Mashed Potato or Cheese Jacket Potato ----- Sweetcorn Cauliflower ----- Fruit Muffin	Salmon Fish Fingers (MSC) or Roasted Vegetable Baguette or Cheese Salad ----- Peas Baked Beans Chips ----- Chocolate Krispie Cake
Week 3 14/11/11 05/12/11 09/01/12 30/01/12 27/02/12 19/03/12	Ham & Tomato Pasta Bake or Veggie Wrap & Potato Wedges or Cheese & Tomato Jacket Potato ----- Mixed Salad Peas ----- Yoghurt & Fruit Slices	Sausage & Mash or Sweet Potato & Lentil Curry & Rice or Baked Bean Jacket Potato ----- Organic Carrots Sweetcorn ----- Chocolate Crunch & Custard	Roast Beef or Cheese Pinwheels or Tuna Jacket Potato ----- Cauliflower Green Beans Roast Potatoes ----- Fruit Sponge & Custard	Cottage Pie or Vegetable Pasta Bake or Chicken & Sweetcorn Jacket Potato ----- Sweetcorn Cabbage Mash ----- Cookies	Birds Eye Fish Fingers (MSC) or Veggie Burger or Cheese Salad ----- Peas Baked Beans Chips ----- Cooks Choice Mousse

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B
C

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B
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